"Living by faith includes the call to something greater than cowardly self-preservation."

J.R.R. Tolkien



At that moment the Lord turned and looked at Peter. Suddenly, the Lord's words flashed through Peter's mind: "Before the rooster crows tomorrow morning, you will deny three times that you even know me." And Peter left the courtyard, weeping bitterly.

Luke 22:61-62 (NLT)



On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. They found the stone rolled away from the tomb, but when they entered, they did not find the body of the Lord Jesus. While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. In their fright the women bowed down with their faces to the ground, but the men said to them, "Why do you look for the living among the dead? He is not here; he has risen! Remember how he told you, while he was still with you in Galilee: 'The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again." "Then they remembered his words.

When they came back from the tomb, they told all these things to the Eleven and to all the others. It was Mary Magdalene, Joanna, Mary the mother of James, and the others with them who told this to the apostles. But they did not believe the women, because their words seemed to them like nonsense. Peter, however, got up and ran to the tomb. Bending over, he saw the strips of linen lying by themselves, and he went away, wondering to himself what had happened.

Luke 24: 1-12

- 1. What is the significance of the stone already being rolled away?
- 2. What is the significance of this story having women as the witness to this event?
- 3. Why do you think that the women, at first, did not remember Jesus's words in verse 8?

## Expectation vs. Expectancy

They are both similar with the "what"

They both are describing how we approach the future

They are different in the "how"

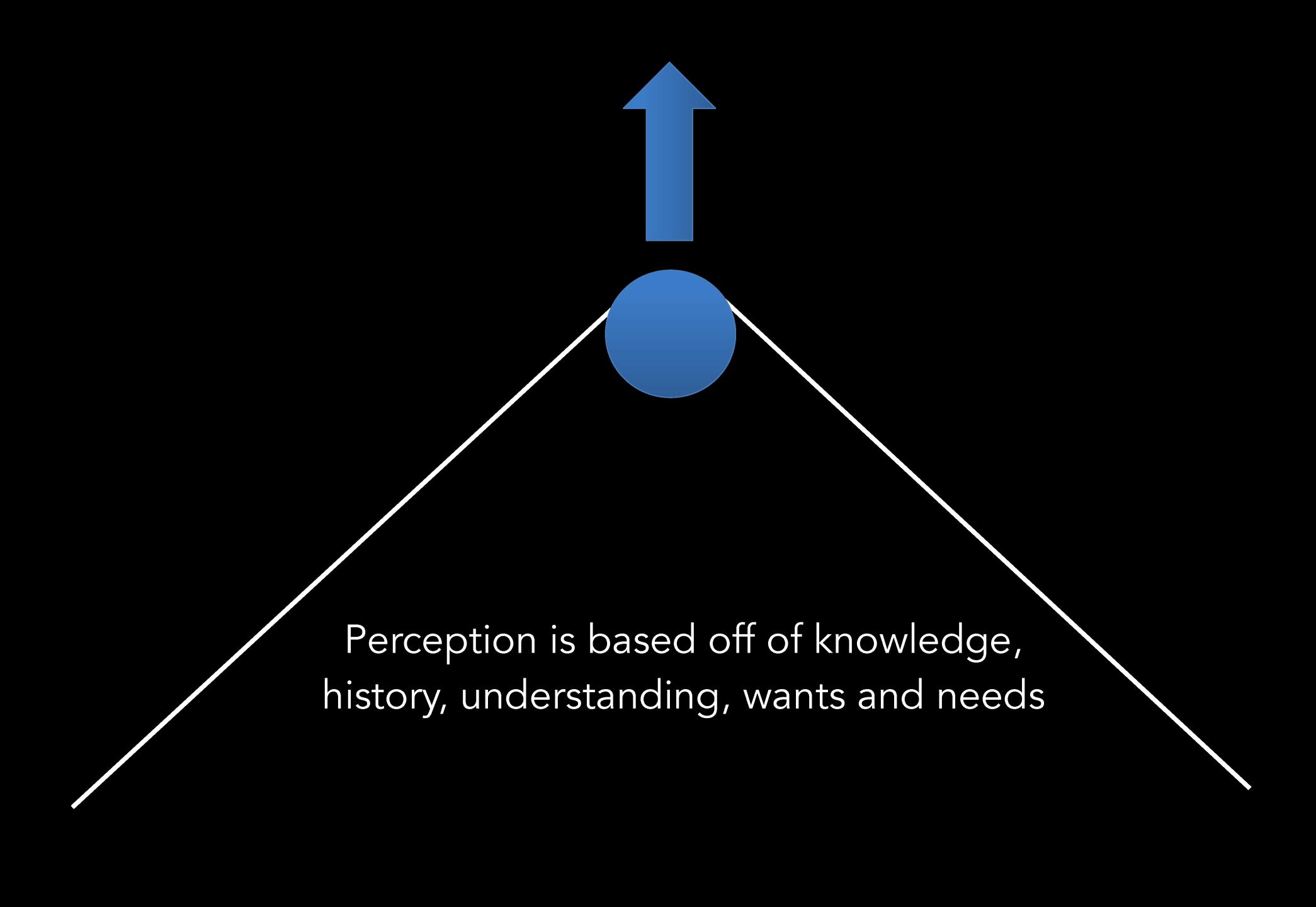
But they describe two different ways of seeing the future

## Expectation

- A belief about what might happen in the future
- A thought of something that is supposed to happen, singular desired outcome
- They are defined and are drawn from our knowledge, history, wisdom, desires, and hopes

## Expectancy

- The state of anticipating the probability of an outcome
- Level of expectancy is regarded by some sport psychologists as one of the main factors contributing to motivation
- It is about being open to what will come and reacting accordingly to it.





Why do you think that the women, at first, did not remember Jesus's words in verse 8?

Expectation does not require me to act. Only the other person has to act in order to live up to the expectation.

VS.

Expectancy requires that now I become an active part of the solution. No judgments, just faith and excited waiting on what will happen next.

Expectation is performance based and revolves around responsibilities. This is the basis for guilt, shame and is used to control others.

VS.

Expectancy allows us to be hopeful and open to whatever comes our way. This is how God's love works. Always open and hopeful of a better future.

The more we lean on expectations, the greater our capacity to judge others, the further we are from God.

VS.

A living expectancy gives the power and opens the way for others to respond without being constrained to an expectation, rule or responsibility.

Living with expectancy and fewer expectations, frees us from fear, disappointment, worry and doubt. It also allows us to have hope, belief and joy abundantly.

## How to foster expectancy?

Prayer! Philippians 4:6

Know God's promises! Ps. 119:10-11

Remember God's promises! 1 Cor 11:24

Work on waiting on God's promises! Lam 3:25 & 26, Ps 27:14