





SIF

Song of Solomon Series

“Part 3: Increasing Romance with Your Beloved”

August 20, 2023



**1. Risk Working Through Frustrations:
(*No Running or the “The Silent Treatment.”*)**



This is King Solomon Speaking:

*“I have come into my garden, my sister, my bride;
I have gathered my myrrh with my spice. I have
eaten my honeycomb and my honey; I have
drunk my wine and my milk.” Song 5:1 (NIV)*



The Shulamite Speaking:

“I slept but my heart was awake. Listen! My lover is knocking: “Open to me, my sister, my darling, my dove, my flawless one. My head is drenched with dew, my hair with the dampness of the night.” [3] I have taken off my robe -- must I put it on again? I have washed my feet -- must I soil them again?” ... “I opened for my lover, but my lover had left; he was gone. My heart sank at his departure. I looked for him but did not find him. I called him but he did not answer.” Song 5:2-3,6 (NIV)



A) Risk Searching to be Reunited.



“The watchmen found me as they made their rounds in the city. They beat me, they bruised me; they took away my cloak, those watchmen of the walls! [8] O daughters of Jerusalem, I charge you -- if you find my lover, what will you tell him? Tell him I am faint with love.” Song 5:7-8 (NIV)





B) Risk Searching for God.

“Husbands, love your wives, just as Christ loved the church and gave himself up for her ²⁶ ... ²⁸ In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. ... ³¹ “For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” ³² This is a profound mystery—but I am talking about Christ and the church. ³³ However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.” Ephesians 5:25-33 (NIV)



“Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.”

James 1:17 (NLT)



2. Verbally Restore Your Love:



**Share Your Heart with a Safe Friend(s)
(Not to a gossip).**



The Shulamite:

“I charge you, O daughters of Jerusalem, if you find my beloved, that you tell him I am lovesick!”

The Daughters of Jerusalem:

⁹ What is your beloved more than another beloved, O fairest among women? What is your beloved more than another beloved, that you so charge us?” Song 5:8,9 (NKJV)

The Shulamite Responds:

“My lover is radiant and ruddy, outstanding among ten thousand. [11] His head is purest gold; his hair is wavy and black as a raven.” ... “His cheeks are like beds of spice yielding perfume. His lips are like lilies dripping with myrrh.” ... “His legs are pillars of marble set on bases of pure gold. His appearance is like Lebanon, choice as its cedars. [16] His mouth is sweetness itself; he is altogether lovely. This is my lover, this my friend, O daughters of Jerusalem.”

Song 5:10-16 (NIV)



“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.” Philippians 4:6 (NIV)



B) Affirm Your Love to Each Other.



“You are beautiful, my darling, as Tirzah, lovely as Jerusalem, majestic as troops with banners. [5] Turn your eyes from me; they overwhelm me. Your hair is like a flock of goats descending from Gilead.” ... “Your temples behind your veil are like the halves of a pomegranate.” ...

“but my dove, my perfect one, is unique, the only daughter of her mother, the favorite of the one who bore her.” Song 6:4-5,7,9 (NIV)



Song of Solomon: 117 Verses

24 Times She declares the beauty of her man.

48 Times He declares the beauty of his bride.

70 Plus Times in a book of Wisdom!

“But I want you to understand that the head of every man is Christ, the head of a wife is her husband, and the head of Christ is God.” 1 Corinthians 11:3 (ESV)



“And further, submit to one another out of reverence for Christ. ²² For wives, this means submit to your husbands as to the Lord. ²³ For a husband is the head of his wife as Christ is the head of the church. . . . ²⁴ As the church submits to Christ, so you wives should submit to your husbands in everything. ²⁵ For husbands, this means love your wives, just as Christ loved the church. He gave up his life for her.”

Ephesians 5:21-25 (NLT)



3. Work at Being Best Friends:



"His mouth is full of sweetness. And he is wholly desirable. This is my beloved and this is my friend, O daughters of Jerusalem." Song 5:16 (NASB)



A) Date Your Spouse.



B) Date God, Seek His Face.



“In the day when I cried out, You answered me, and made me bold with strength in my soul.” ... “[7] Though I walk in the midst of trouble, You will revive me; You will stretch out Your hand against the wrath of my enemies, and Your right hand will save me. [8] The Lord will perfect that which concerns me; Your mercy, O Lord, endures forever; do not forsake the works of your hands.” Psalm 138: 3,7,8 (NKJV)



“I have sought your face with all my heart; be gracious to me according to your promise.” Psalm 119:58 (NIV)



Solitude:

“God, how am I doing?” to “God, how are we doing?”







