




SIF


The Spiritual Discipline of Communion
September 3, 2023



“The Lord Jesus, on the night he was betrayed, took bread, ²⁴ and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.” ²⁵ In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.” ²⁶ For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.” 1 Corinthians 11:23-26 (NIV)




1. Jesus Foreshadowed Communion:

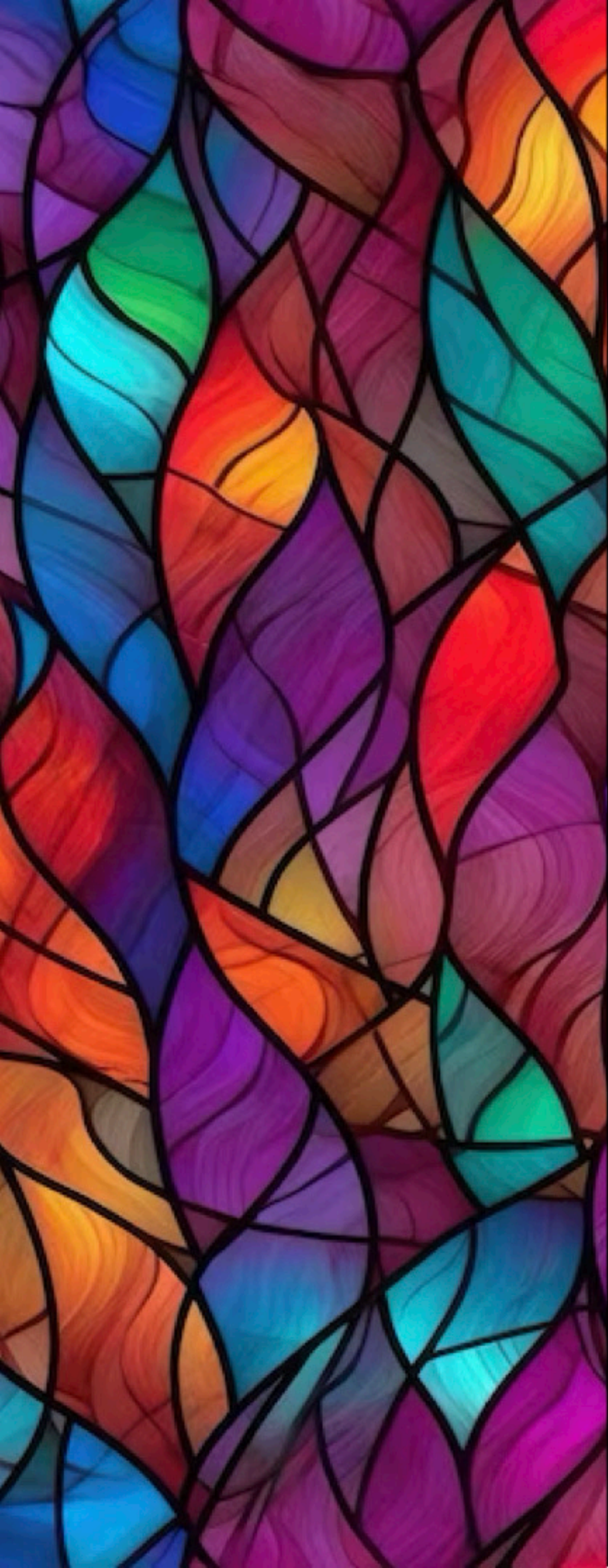


“Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. ²⁷ Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you.”

John 6:26,27 (ESV)



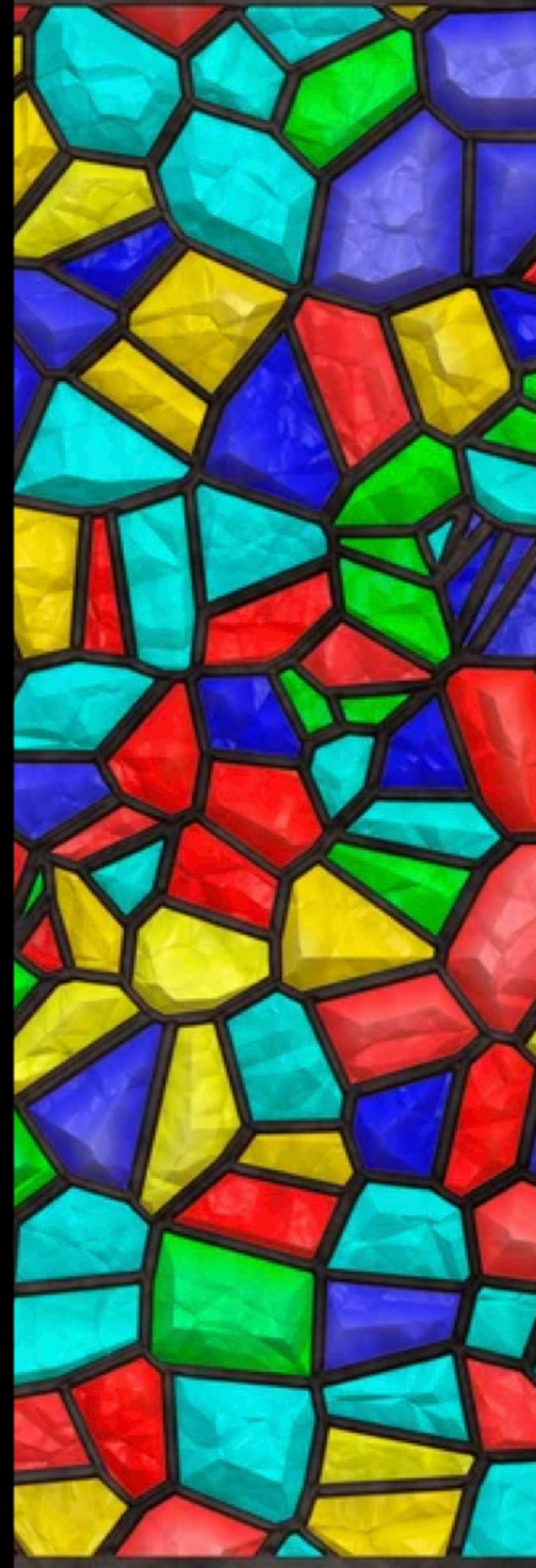
“So Jesus said again, “I assure you, unless you eat the flesh of the Son of Man and drink his blood, you cannot have eternal life within you. ... [56] All who eat my flesh and drink my blood remain in me, and I in them. [57] I live by the power of the living Father who sent me; in the same way, those who partake of me will live because of me. [58] I am the true bread from heaven. Anyone who eats this bread will live forever,” John 6:53-58 (NIV)



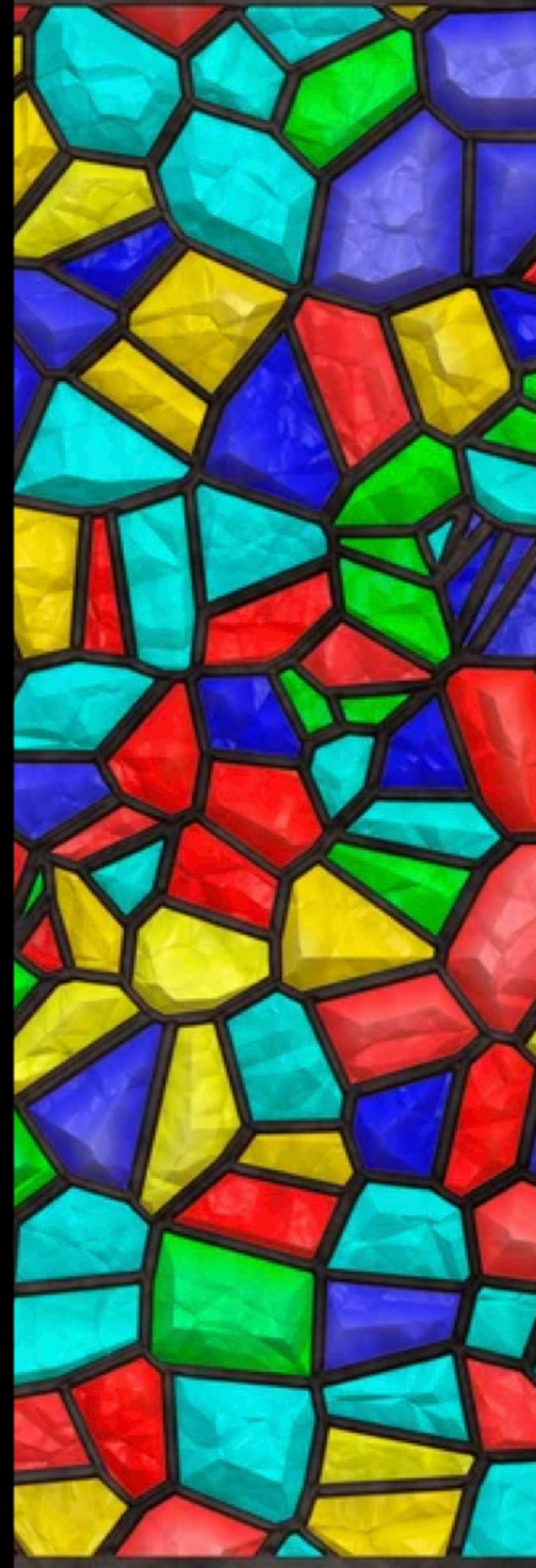
"And I will turn against anyone, whether an Israelite or a foreigner living among you, who eats or drinks blood in any form. I will cut off such a person from the community, [11] for the life of any creature is in its blood. I have given you the blood so you can make atonement for your sins. It is the blood, representing life, that brings you atonement."

Leviticus 17:10-11 NLT

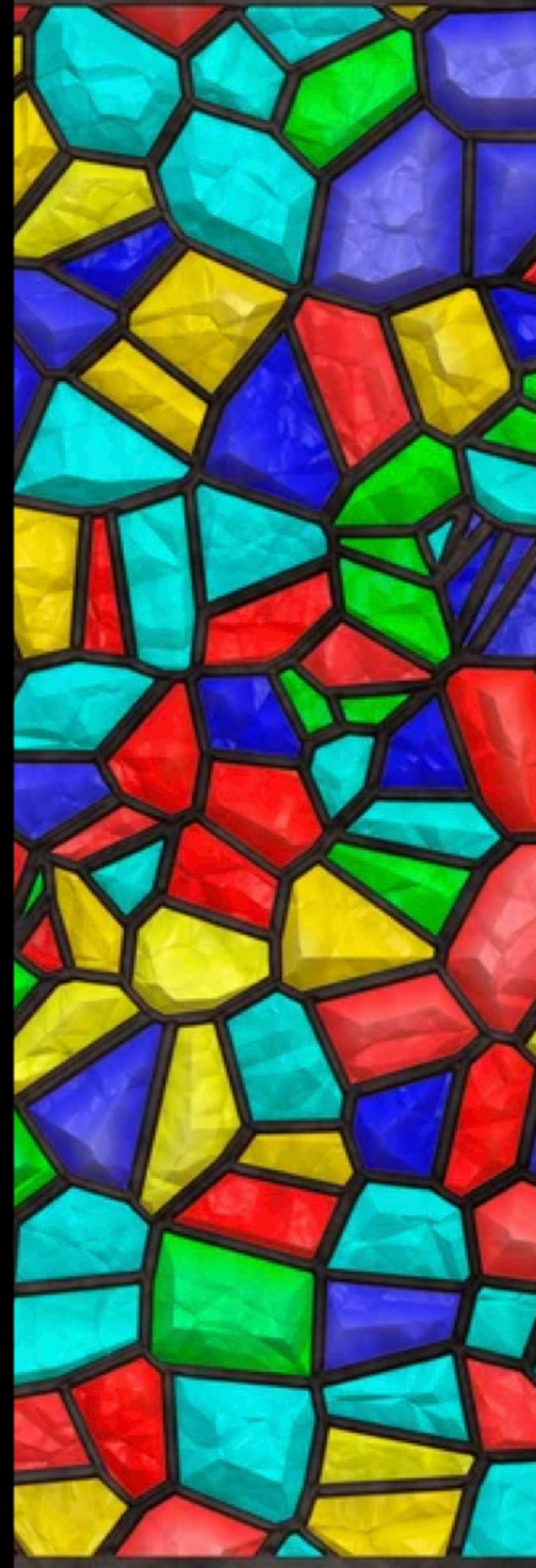
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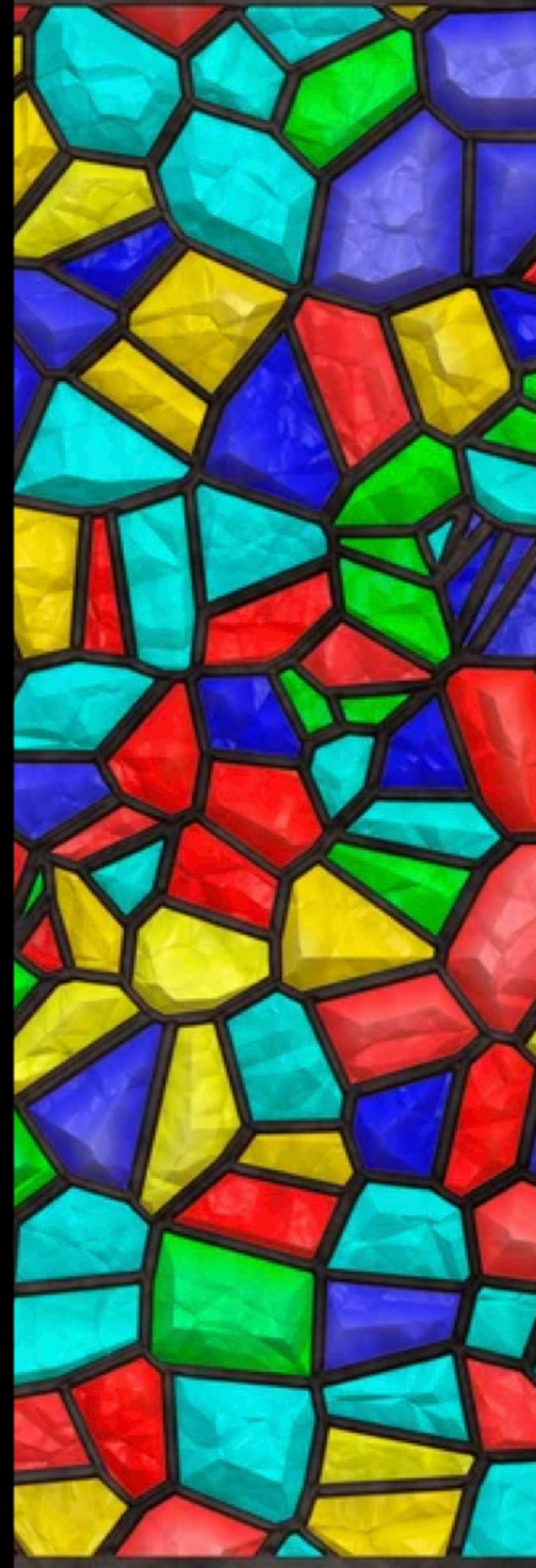
“Even his disciples said, “This is very hard to understand. How can anyone accept it?” [61] Jesus knew within himself that his disciples were complaining, so he said to them, “Does this offend you? ... [63] It is the Spirit who gives eternal life. Human effort accomplishes nothing. And the very words I have spoken to you are spirit and life.” John 6:60-64 (NLT)



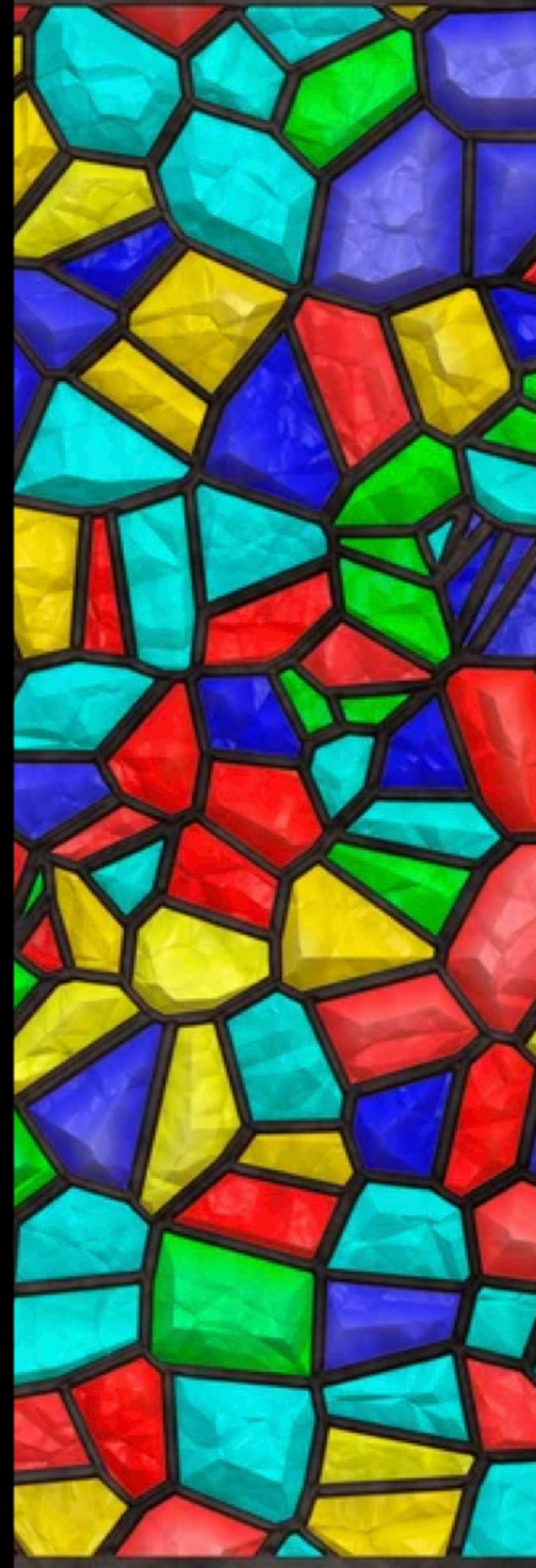
**2. Partake of Communion
Regularly and Reverently:**



“For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.” 1 Corinthians 11:26 (NIV)



“So those who received his word were baptized, and there were added that day about three thousand souls. ⁴² And they devoted themselves to the apostles’ teaching and the fellowship, to the breaking of bread and the prayers.” Acts 2:41,42 (ESV)





“When you come together, it is not the Lord's supper that you eat. 21 For in eating, each one goes ahead with his own meal. One goes hungry, another gets drunk. 22 What! Do you not have houses to eat and drink in? Or do you despise the church of God and humiliate those who have nothing? What shall I say to you? Shall I commend you in this? No, I will not.”

1 Corinthians 11:20-22 (ESV)



“Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. ²⁸ Let a person examine himself, then, and so eat of the bread and drink of the cup. ²⁹ For anyone who eats and drinks without discerning the body eats and drinks judgment on himself. ³⁰ That is why many of you are weak and ill, and some have died.” 1 Corinthians 11:27-30 (ESV)



*“Do not be deceived, God is not mocked;
for whatever a man sows, that he will also reap.”*
Galatians 6:7 (NKJV)




3. The Chronology and Meaning of the Passover:



“On the first day of the Festival of Unleavened Bread, the disciples came to Jesus and asked, “Where do you want us to make preparations for you to eat the Passover?” Matthew 26:17 (NIV)



All 4 Gospel writers record that Jesus died on the Passover.
(Matthew 27:62,63, Mark 15:42,43, Luke 22:7,8,54, John 19:14,15,31)



A) The Chronology is:

Thursday – Passover proper. The lamb was killed, and Jesus and His disciples ate the Passover meal in the upper room. Communion was instituted. Later that evening, Jesus was betrayed by Judas.

Friday – The Day of Preparation for the Sabbath. Jesus was tried and executed (although never convicted). The Jews continue their weeklong “Passover” celebrations.

Saturday – The Weekly Sabbath. Even the women did not come to Jesus’ body to anoint it with spices and oils.

Sunday – Resurrection Day.



“Now on the first day of the week, very early in the morning, they, and certain other women with them, came to the tomb bringing the spices which they had prepared. ² But they found the stone rolled away from the tomb.” Luke 24:1,2 (NKJV)



B) Symbolisms of Jesus' Passover Meal:



Exodus Passover (Ex 11-13)

God Judgment of Egypt

Sacrifice a lamb

Apply Blood on Doorposts

People to the Promise Land

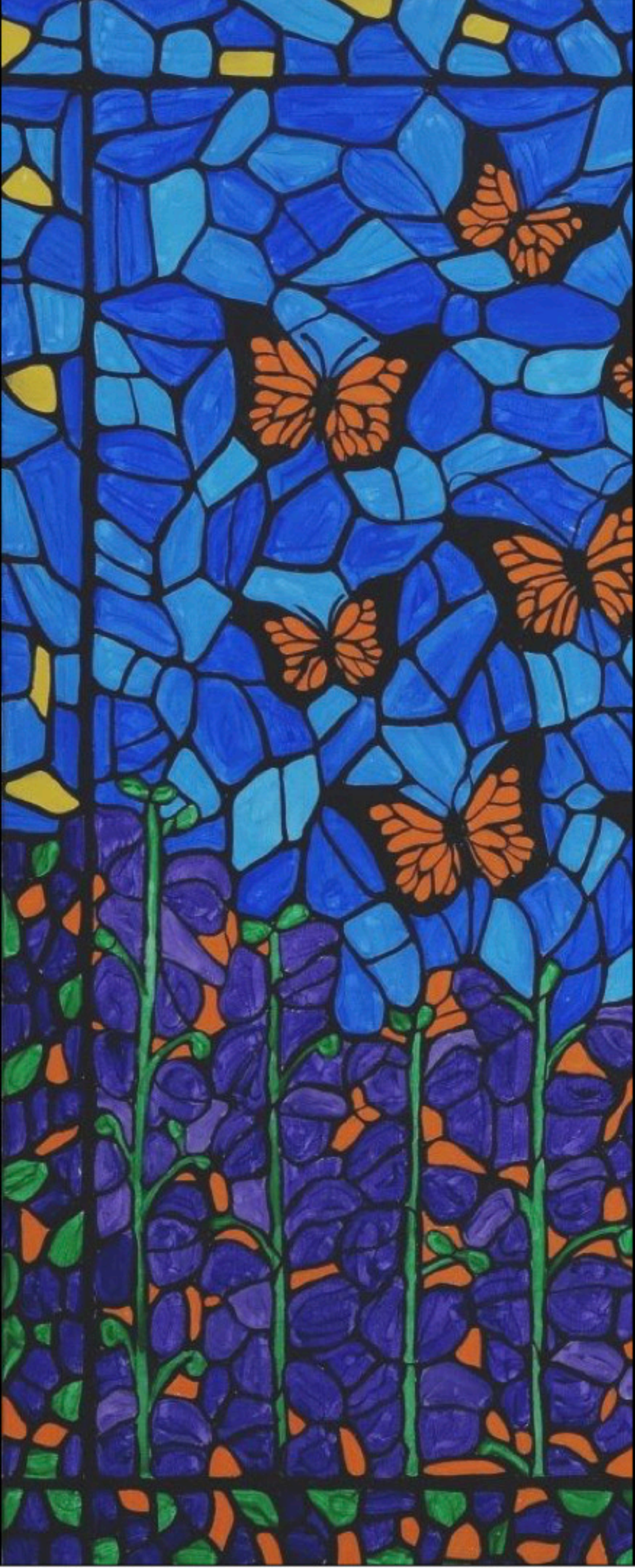
Jesus' Passover

God's Judgment for Mankind

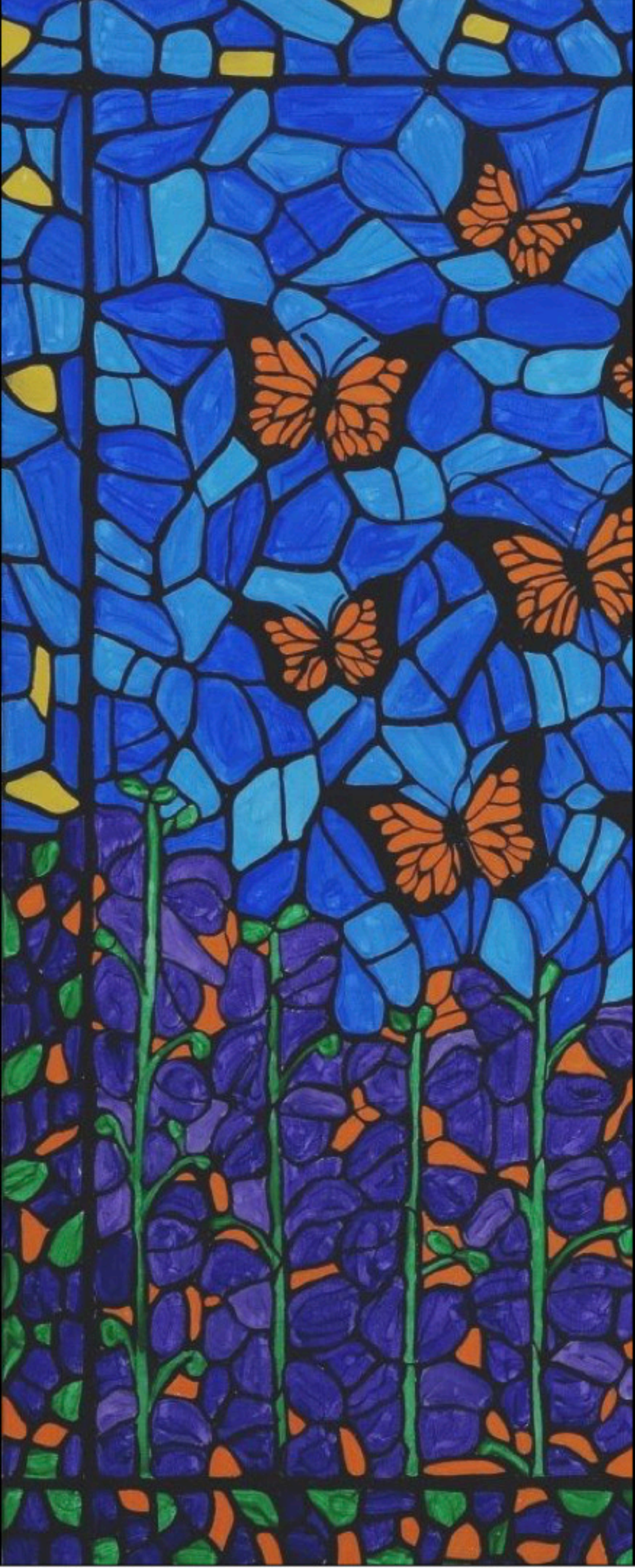
Jesus is the Lamb of God (John 1:29)

Apply Jesus' sacrifice upon our hearts

Jesus People to Heaven / Eternal Life

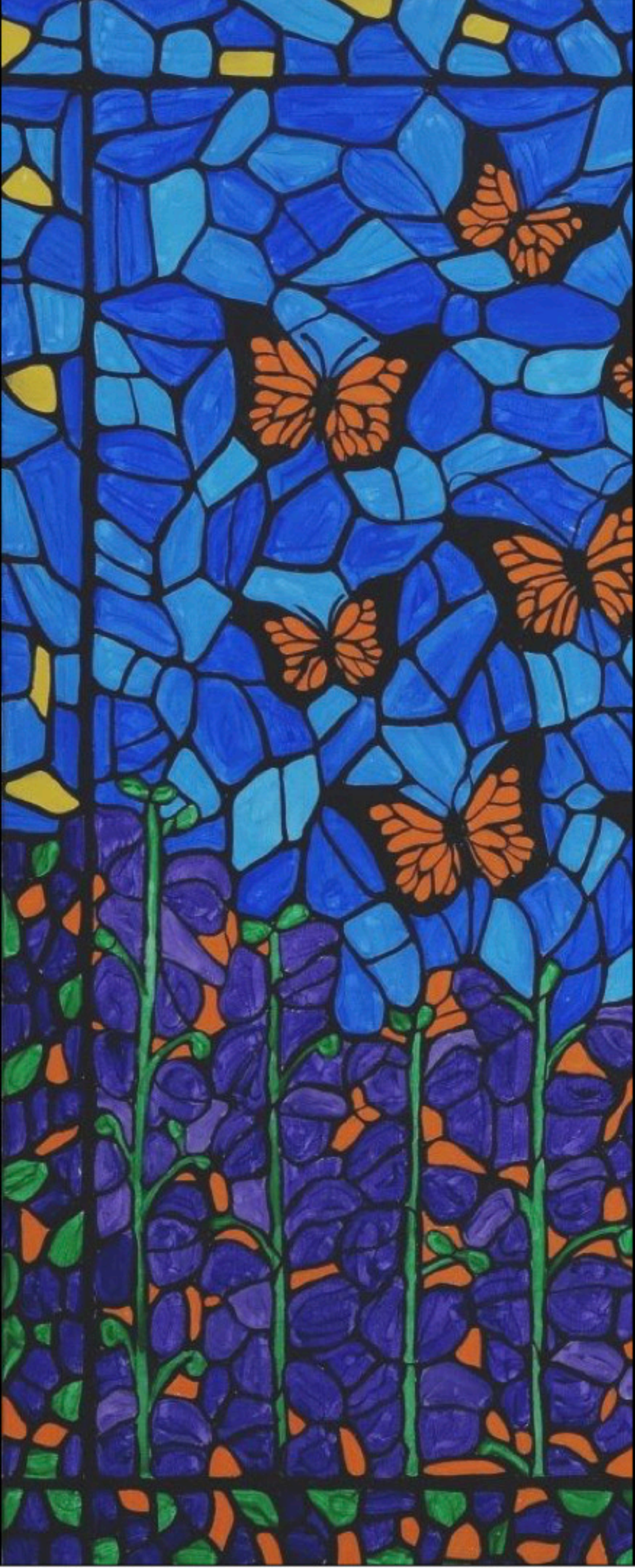


“For Christ, our Passover lamb, has been sacrificed. ⁸ Therefore let us keep the Festival, not with the old bread leavened with malice and wickedness, but with the unleavened bread of sincerity and truth.” 1 Corinthians 5:7 (NIV)

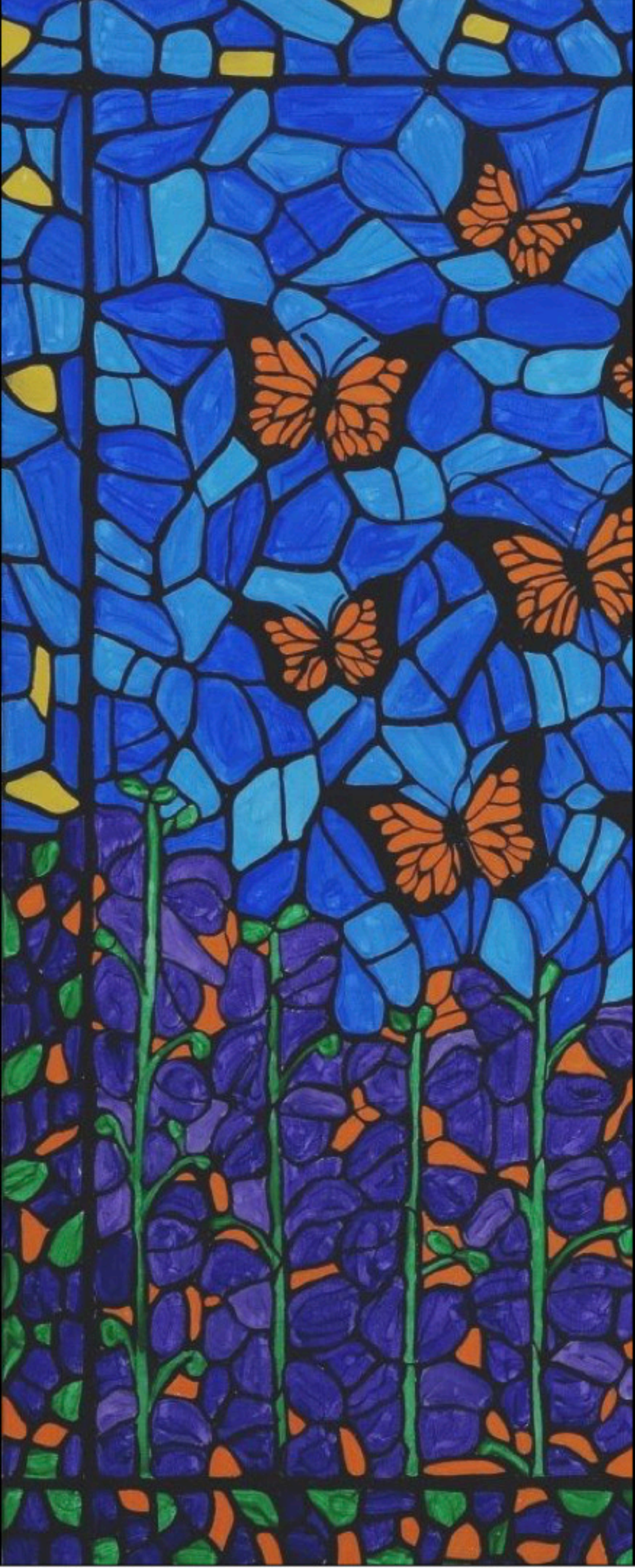


“And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, “Abba, Father!”⁷ Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ.”

Galatians 4:6,7 (NKJV)

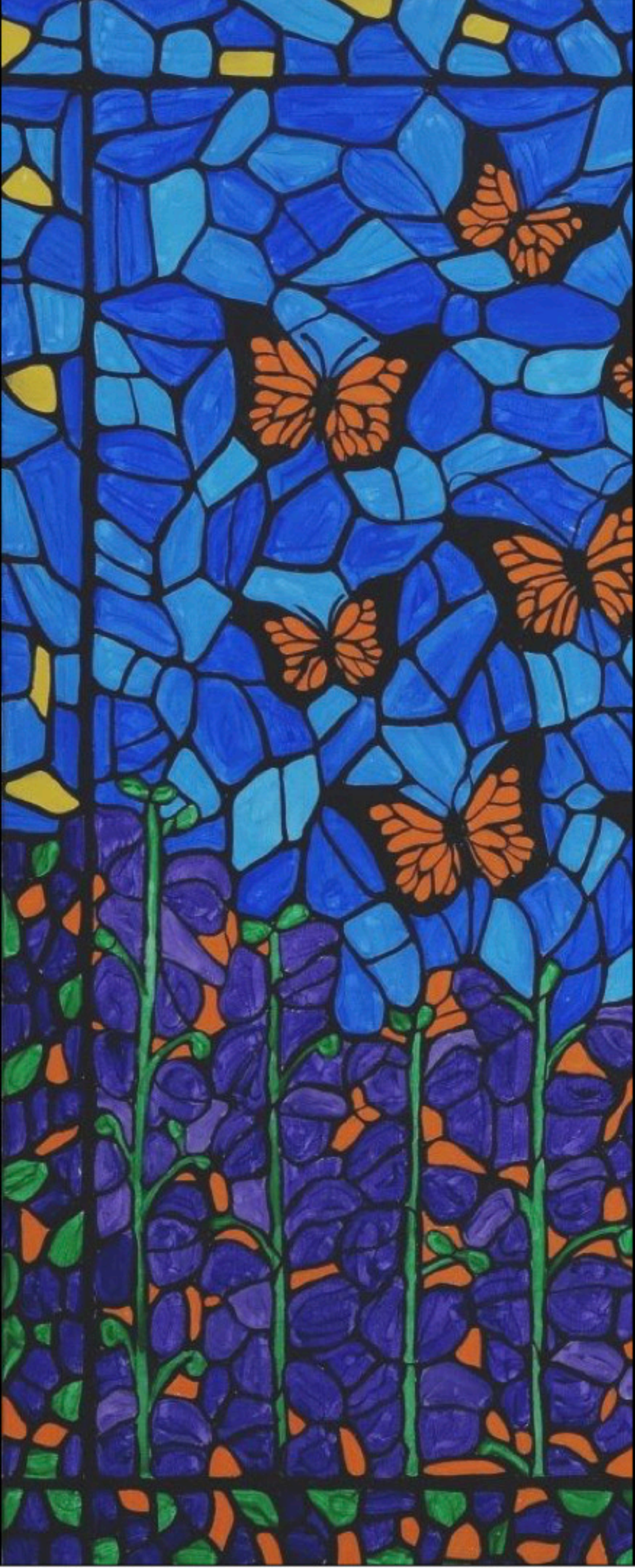


“The Spirit himself bears witness with our spirit that we are children of God, ¹⁷ and if children, then heirs – heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.” Romans 8:16,17 (ESV)



“Then I saw a new heaven and a new earth, for the old heaven and the old earth had disappeared. And the sea was also gone. ² And I saw the holy city, the new Jerusalem, coming down from God out of heaven like a bride beautifully dressed for her husband.”

Revelation 21:1,2 (NLT)



“The angel who talked to me held in his hand a gold measuring stick to measure the city, its gates, and its wall. 16 When he measured it, he found it was a square, as wide as it was long. In fact, its length and width and height were each 1,400 miles.”

Revelation 21:15,16 (NLT) (2,300 KM)

If 1 story = 3.5 meters, ...

That’s 650,000 stories high!

SHIMIZU MEGA-CITY PYRAMID, TOKYO





3. God Restores Through Communion:



“While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, “Take and eat; this is my body.” [27] Then he took the cup, gave thanks and offered it to them, saying, “Drink from it, all of you. [28] This is my blood of the covenant, which is poured out for many for the forgiveness of sins. [29] I tell you, I will not drink of this fruit of the vine from now on until that day when I drink it anew with you in my Father's kingdom.”

Matthew 26:26-29 (NIV)

